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**Pharmaton®
Kiddi**
SYRUP

— PHARMATON
NATURAL HEALTH PRODUCTS



Pharmaton® Kiddi

SYRUP

Properties and Indications

Pharmaton Kiddi Syrup contains vitamins, minerals and lysine. Lysine is an essential amino acid, which, among other functions, is important for bone formation. In children, lysine is the amino acid most often reported to be inadequately supplied. A poorly balanced or deficient diet may not provide all the necessary vitamins and minerals which are required for children. Pharmaton Kiddi Syrup covers the increasing demand for vitamins and the essential amino acid lysine of children and adolescents during the period of growth in case of loss of appetite, convalescence, physical fatigue as well as to strengthen the resistance, the performance and concentration.

Note

An adequate, varied diet is the most important means of preventing, as far as possible, deficiencies in vitamins, minerals and trace elements. Pharmaton Kiddi Syrup is suitable for diabetics (15 ml syrup contain 3.6 g carbohydrates, equivalent to 0.36 carbohydrate units).

Carefully read this package insert. It contains important information. You have received this drug either with a doctor's prescription for your personal use, or by the pharmacist or by the druggist without a medical prescription. So, in order to obtain the greatest benefit from this

medication, you should read the package insert or ask your pharmacist or druggist for the insert as you may need it later on.

Contraindications

Pharmaton Kiddi Syrup is contraindicated

- in disturbances of calcium metabolism, such as hypercalcaemia and hypercalciuria
- in case of hypervitaminosis D
- in renal insufficiency
- during therapy with vitamin D
- in case of phenylketonuria
- in case of known hypersensitivity to any ingredients of the compound.

Precautions

Pharmaton Kiddi Syrup should not be taken above the recommended dosage and for long periods, except under medical supervision. 15 ml of Pharmaton Kiddi syrup contain 2.6 g of sorbitol. Children and adolescents with rare hereditary problems of fructose intolerance should not take this product. Inform your doctor, your pharmacist or your druggist if

- you are suffering from other diseases,
- you have allergies or
- you take other drugs (including drugs you have bought by yourself!).

Pregnancy and Lactation

Pharmaton Kiddi Syrup is intended for children and adolescents. Based on the experience gained so far with the product, no risk for the unborn child is known when the medication is taken at the recommended dosage. However, systematic scientific investigations have never been carried out. As a precaution, you should avoid taking medicines during pregnancy and lactation or you should ask advice from your physician, your pharmacist or your druggist.

Dosage and Administration

Children from 1 to 5 years: 7.5 ml per day. Children over 6 years and adolescents: 15 ml per day. The dosage of the syrup, in ml, is measured with the provided measuring cup. Pharmaton Kiddi Syrup should be taken before breakfast. It may also be diluted with water or mixed with food. Pharmaton Kiddi Syrup has an orange taste, due to an orange flavour contained in the product. Keep to the dosage indicated in the package insert or that prescribed by your doctor.

This package insert was last checked by the Swiss drug regulatory authority (Swissmedic) in April 2004.

should take it as described in this
r as advised by your physician,
or your druggist. Keep this package
y wish to read it again or refer

If you think the effect of the
drug is too weak or too strong,
you should speak to your
doctor, your pharmacist or your
druggist.

Side effects

Up to now, no side effects have
been observed.

If you do notice any side effects,
you should inform your doctor,
your pharmacist or your druggist.

General notice

The yellow discolouration of
the urine after taking Pharmaton
Kiddi Syrup is due to the presence
of vitamin B₂ (natural colour of
the substance) and is harmless.
Pharmaton Kiddi Syrup may
show a natural turbidity which
is due to some of the excipients
but this does not impair its
efficacy. Shake well before use.
After opening, the product must
be used within 30 days. Store
Pharmaton Kiddi Syrup at room
temperature (15° - 25°C) and
out of the reach of children.

The product must not be used
after the date indicated with
«EXP» on the label.
Further information may be
obtained from your doctor, your
pharmacist or your druggist.

Composition

15 ml Syrup contain:

Active ingredients:

Lysine hydrochloride	300.0 mg
Vitamin B ₁	
hydrochloride	3.0 mg
Vitamin B ₂	
sodium phosphate	3.5 mg
Vitamin B ₆	
hydrochloride	6.0 mg
Vitamin D ₃	400 IU
Vitamin E acetate	15.0 mg
Nicotinamide (PP)	20.0 mg
Dexpanthenol	10.0 mg
Calcium	130.0 mg

Excipients:

Preservatives: Potassium sorbate
(E202), Sodium benzoate
(E211); Benzyl alcohol; Flavour:
Vanillin; Sweetening agents:
Sorbitol, Aspartame and other
excipients.

Packages

In pharmacies and drugstores
without medical prescription
Bottles of 100 ml and 200 ml
syrup.

Manufactured by Ginsana SA
Bioggio-Switzerland
on behalf of Boehringer Ingelheim
International GmbH, Germany
(under licence of Pharmaton SA)